Hi! I'm Rachel S

I am a Mental Health Support Worker and I enjoy:

Music, walks and exploring, shopping, sightseeing, and sitting around chatting.

In my leisure time I enjoy:

Reading, going on walks in nature, watching movies, crocheting and playing chess.

I have enjoyed studying a Certificate IV in Mental Health.

I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

