

Hi! I'm Lani

I am a Mental Health Support Worker and I enjoy:

Going for walks and exploring, sitting around and chatting, going to cafes, yoga and art.

In my leisure time I enjoy:

Hiking in nature, practicing yoga, spending time with family, doing arts and crafts, reading, listening to music, learning about health & wellness and drinking hot chocolate.

I have enjoyed studying a Graduate Certificate in Mental Health.

I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Lani.

