

# *Hi! I'm Agnes*

*I am a Mental Health Support Worker and I enjoy:*

*Music, socialising, sports, going on walks and shopping.*

*In my leisure time I enjoy:*

*Relaxing, listening to music, spending time with family and friends and staying active in the community.*

*I have enjoyed studying a Diploma of Mental Health.*

*I now enjoy helping people to live their best life.*

*Wishing you all the best and I hope to meet you soon.*

*Agnes.*

